



Welcome to Altadore Gymnastic Club 2026-2027



Waivers

A current waiver is required for your child before their first class. Waivers were updated on July 1, so even returning families will need to complete a new one. Children without a completed waiver on file will not be permitted to participate, which may mean missing the start of class.

If your child is enrolled in a Parented class, a waiver is also required for the participating adult.

You can find the waivers [HERE](#). Please fill them out ASAP so we have time to update your account before the first class.

Please double check your enrollment before the first class. You can do this on the [portal](#).

Gym Spaces

We have a recreational (rec) gym and a competitive (comp) gym. Some recreational classes will go back and forth between the gyms (especially on Saturdays). Super Girls, Wonder Women, InterClub, Intermediate, and some Trampoline and Tumbling classes will be in the comp gym.

All Active Start classes (for athletes 5 and under) are in the rec gym.



Please note - from the lobby, there is an entrance door into the rec gym, and an exit door. Please help us with the flow, by minding the different doors.

Parking Lot

There is NO drop-off area. Please do not stop by the front doors to let your child out. You must park in a proper parking spot or on the street. Please also drive slowly and carefully in our parking lot.

Class Dates

Fall classes start September 1, 2026. All our closed dates can be seen on the rec calendar that is on the top of the [FAQ page](#).

Our recreational season is September to August (**not June**).

Classes do not carry over from August to September. Everyone has to register for fall classes every year, as it's a new schedule.



Dropping or Transferring Classes

Dropping a class is easy! Simply complete the Withdrawal Request form on our FAQ page. Please keep in mind that withdrawals take effect at the end of the month, so we ask that you let us know by the 15th. We are not able to offer refunds for partial months.

To move to a different class, please fill out the Transfer Form on our FAQ page.

What to Expect

No need to arrive any earlier than 10 minutes before your class time. All children will wait at the gate for their classes to be called.

Many groups will warm up together, and then the Coaches will do attendance and break the children into their individual groups.

Please make sure you are on time to pick up your children. You can pick them up at the exit gate, the lobby, or wait in the parking lot if they are old enough to find you safely.

All shoes must be removed in the lobby (athletes and spectators).

If you and your child are in a Parented class, please see [this link](#) for important information.

All shoes must be removed in the lobby (athletes and spectators).



What to Wear/Bring

Athletes can just wear comfy clothes. Most wear t- shirts with shorts or leggings, but some girls do wear gym suits. We have an assortment of them in our pro shop! Hair must be pulled back (don't forget a hair tie!), bare feet and no jewelry please.

They can bring a LABELLED water bottle as well.

Please make sure your bottles go home with you. We collect about 75 water bottles a week and don't have space to keep them very long!

Skill Updates

For children aged 5 and up in our CanGym program (Beginner, Novice, Intermediate Gymnastics) and CanJump Program (Trampoline, Trampoline and Tumbling), we do regular skill updates.

We no longer hold designated "testing weeks." Instead, skills are updated continuously, and a "move-up" email will be sent when your child is ready.

You will not receive emails each time a skill is completed, but you can view progress anytime through the portal. An email will be sent when a level is finished, with instructions on picking up a sticker and, if applicable, changing to the next level.



FAQ Page and Front Desk Staff

Our [FAQ page](#) is a valuable resource filled with answers to many of the common questions you might have. It also offers self-serve forms for tasks like withdrawing from a class or transferring to a new one. To help us continue providing the best experience for everyone, we kindly ask that you check the FAQ page for information and forms before contacting the front desk. Our team is focused on assisting with tasks such as guiding children to their classes if they arrive late and helping with pro shop purchases. Using the self-serve forms helps us maintain efficient records and allows our staff to dedicate more time to providing immediate support for you and your family!

Absences

You do not need to inform us via email or phone if your child is going to be absent. Please submit their absence on the portal (see [FAQ Page](#) for instructions).

Fundraisers

We run family fundraisers throughout the year. Families earn 60% of the profit as credit. Fundraiser information will be in our weekly emails. You can see information on our [Fundraiser page](#).

PD Day Camps

We host Day camps on most CBE and CCSD PD Days.

Birthday Parties

We host amazing Birthday Parties, and they fill early. All parties are open for registration for the season.



Communication

We send informative emails nearly every week, covering essential updates and highlighting special events. Keeping up-to-date with these emails will ensure you never miss out on any important information. Our system doesn't work well with Hotmail email addresses. If you have Hotmail, please add us to your contacts, that seems to help.

Member Portal

Our member [portal](#) is where you can see your classes, your account, submit absences, skill updates, see sent emails, and more. You can also add a photo of your child, so the coach will be able to recognize them on their first day!



Health/Medical Information

Please ensure the health and medical information is current on file.

Please note this is NOT a nut-free facility.

If your child requires extra attention or an Aide on the floor with them - please contact the office.

Safety Awareness

At AGC, the safety of our athletes, coaches, and staff is our number 1 concern.

Our coaches are trained in first aid, have proper NCCP certifications including Respect in Sport and concussion awareness.

In addition to this, we take Safe Sport practices very seriously. We always follow the rule of two, where no athlete is alone with a coach, and practice athlete-centered leadership at all times. For more information on Safe Sport, please see the Alberta Gymnastics Federation [website](#).

Additionally, we HIGHLY recommend watching the SafeSport Education videos [HERE](#).